

PREPARING FOR YOUR COLONOSCOPY

*****TWO WEEKS** from your scheduled colonoscopy stop all over the counter supplements, **diet pills (this includes over the counter and prescription diet pills)**, or herbal medications. Examples include Fish oil, garlic, Co Q10, Glucosamine, Ginger, Gingko, Saw Palmetto, Red yeast rice, ephedra, and Cinnamon. If you are unsure then call the office at 423-495-4730.

*****FIVE DAYS** before your colonoscopy stop all NSAIDs like aspirin, Aleve, Ibuprofen, Goody Powder, BC powder, Advil, Ecotrin, Relafen, Naprosyn, Voltaren, and Mobic. You can take Tylenol as needed for pain while off these NSAIDs. Stop all iron supplements also. If you are unsure then call the office at 423-495-4730. ****DO NOT STOP ASPIRIN IF TAKING FOR CARDIAC OR STROKE RELATED PROBLEMS.****

*****If you take Coumadin, Jantoven, Plavix, Pradaxa, or any other anti-coagulant such as these please make sure this office is aware and we will instruct each patient individually.**

*****Hold all DIABETIC pills like Glyburide, Metformin, and Actos and others in that family the morning of scope. If you are a diabetic and take insulin please contact the physician that controls your diabetes to confirm how this should be taken on the day of your prep and the morning of the scope. Otherwise, continue your routine prescription medications. If you are unsure about any medication please call the office at 423-495-4730. ****DO NOT TAKE REFLUX MEDICATION IF HAVING UPPER SCOPE.******

*****THE PRESCRIPTION FOR YOUR BOWEL PREP HAS BEEN SENT ELECTRONICALLY TO THE PHARMACY YOU PROVIDED US ON YOUR PAPERWORK OR DURING YOUR PHONE HISTORY. PLEASE CHECK WITH YOUR PHARMACY!!!!!!*****

*****IMPORTANT INSURANCE NOTE****

*****IF YOUR COLONOSCOPY HAS BEEN SCHEDULED FOR SCREENING, MEANING YOU HAVE NO SIGNS OR SYMPTOMS WITH YOUR BOWEL, AND DR. SHIKOH FINDS A POLYP OR TISSUE THAT HAS TO BE REMOVED DURING THE PROCEDURE, THIS COLONOSCOPY IS NO LONGER CONSIDERED A SCREENING PROCEDURE, IT THEN IS CONSIDERED A DIAGNOSTIC PROCEDURE AND YOUR INSURANCE BENEFIT MAY CHANGE. PLEASE CHECK WITH YOUR INSURANCE COMPANY PRIOR TO STARTING YOUR PREP FOR THE SCOPE. WE DO NOT VERIFY BENEFITS BEFORE YOUR COLONOSCOPY, WE ONLY NOTIFY YOUR INSURANCE COMPANY THAT YOU ARE HAVING A PROCEDURE DONE, OR PRE-CERTIFICATION, AND THIS IN NO WAY GUARENTEES COVERAGE FOR YOUR SCOPE. IT IS ONLY A NOTIFICATION FOR YOUR INSURANCE COMPANY. *****